

Interpersonal Effectiveness in The Workplace Class



Even with good job skills, Rehabilitation Services consumers can have problems finding or keeping a job. Repeated job losses can often be related to how an employee interacts with coworkers, supervisors, or the public.

The ***Interpersonal Effectiveness in the Workplace*** class will help participants:

- Recognize appropriate workplace behavior
- Improve communication skills
- Increase appropriate assertiveness
- Recognize interpersonal cues from others
- Understand and deal with feelings of anger and anxiety that can diminish interpersonal effectiveness
- Deal effectively with unreasonable situations and people

Dates: Five consecutive Tuesdays, beginning Jan. 18, 2005
Time: 5:00-6:30 p.m.
Instructor: April Leaveck, PsyD, LP
Where: 825 South 8th Street, Suite 604, Minneapolis, MN
Cost: \$395

To register or for more information call us at 612-333-3825 or email aleaveck@psycheval.com